# **NOTES & QUOTES**



**WEEK 4:** DO YOU UNDERSTAND WHAT I HAVE DONE FOR YOU?

## **CONNECT** (BUILD RELATIONSHIPS)

- 1. What were the "special" meals in your family: Christmas, Thanksgiving, birthdays or anything unexpected (i.e. Robbie Burns Day)? What was usually served for the meal?
- 2. Have you ever had a moment or event in life, that seemed important at the time, but you had no idea how significant it was going to be until much later? What was it?
- 3. What is one of your favorite Bible passages from the life of Jesus? What is it about that story that draws you in or moves you?
- 4. When has someone washed your feet? What was the experience like? Is there one person in your life who has demonstrated clearly what it means to "wash feet"?

## THRIVE (EXPLORE BIBLICAL TRUTH)

- 5. Read John 13:1-17 slowly. As you do try to visualize the scene, perhaps like making a movie. Pay attention to the details: sights, sounds, smells, tastes and feelings of the event. What does Jesus do? Who does He talk to? How do they respond? What else is going on? You might even imagine yourself in the room. As you read, pray and ask God to speak to you through His Living Word. How might this approach be different from just reading the passage for understanding?
- 6. What does Jesus know that escapes the disciples' attention (vv. 1, 3, 11)? How is this linked to the Passover meal and the foot washing? Why do you think this is the last thing Jesus models for and teaches his disciples?

- 7. If you were Peter, how would you have reacted to Jesus coming to wash your feet?
- 8. How does the question of Jesus, "Do you understanding what I have done for you?" involve more than just the foot washing?

#### **COMMIT** (BE ON MISSION)

- 9. Do you find it easier to serve others or to be served by others? Both require humility. Why?
- 10. Where do you need to receive God's grace by allowing Jesus to meet a need in your life?
- 11. The foot washing is a reflection of the incarnation of Jesus, His downward journey from heaven to earth, to the cross and grave, in order to serve and save us. Following His example, what would a downward journey look like for you? What excites or scares you the most about following the servanthood example of Jesus?
- 12. Is there someone who is disadvantaged, undeserving or unsuspecting that you could you serve this week? How?

#### **PAUSE, PONDER & PRAY**

"But among you it will be different. Whoever wants to be a leader among you must be your servant, and whoever wants to be first among you must be the slave of everyone else. For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many."

Mark 10:43-45