# **NOTES & QUOTES**



#### WEEK 1: WHAT ARE YOU LOOKING FOR?



# **CONNECT** (BUILD RELATIONSHIPS)

- 1. In 1987, Irish rock band U2 released the song, "I still haven't found what I'm looking for". Rolling Stone magazine ranks it as one of the top 100 songs of all time. What is another song that has profoundly shaped or influenced you (or that you just really like)?
- 2. How familiar are you with the Season of Lent? Has it been part of your faith practice and tradition? What are some ways we can use Lent as a season of spiritual growth and preparation for Easter?
- 3. There are over 170 different recorded questions asked by Jesus in the four gospels. Why do you think Jesus used questions as a primary teaching tool?
  - **THRIVE** (EXPLORE BIBLICAL TRUTH)
- 4. Read John 1:29-42. What description and metaphors does John the Baptist use to explain who Jesus is?
- 5. Why do you think the first question Jesus asks the disciples is, "What are you looking for?" or "What do you want?"
- 6. How does Jesus' invitation to the disciples to "come and see" and spend the day with him help clarify their desire?

- 7. Read John 18:15-18, 25-27 and John 21:15-19. Why is Peter the perfect model for spiritual transformation?
- 8. Read Psalm 37:3-4. How does learning to trust and delight in the Lord result in us having our desires fulfilled by Him?

### **COMMIT** (BE ON MISSION)

- 9. How would you like to be remembered at your funeral? What descriptions would you like included in your eulogy? Do they align with how you are living your life right now?
- 10. How do you discern the difference between healthy and unhealthy desires in your life?
- 11. If Jesus were to ask you personally, "What are you looking for today?", how would you answer?

#### PAUSE, PONDER & PRAY

"Our wants and longings and desires are at the core of our identity, the wellspring from which our actions and behavior flow."

James K.A. Smith, You Are What You Love