

# NOTES & QUOTES



FAITH IN OUR WORDS  
WEEK 5 - AUGUST 1, 2021

## **CONNECT** (BUILD RELATIONSHIPS)

1. There's an old saying, "Sticks and stones may break my bones, but words can never hurt me." Is it true? What has been your experience?
2. A small spark can start a fire that destroys someone's home or thousands of acres. If you were having an outdoor fire, what precautions would you take to make sure the fire didn't cause damage to others?
3. Why does a compliment give someone confidence?

## **THRIVE** (EXPLORE BIBLICAL TRUTH)

4. Why does James begin the section on the tongue by focusing on those who teach? (James 3:1).
5. How does a person's tongue compare to a horse's bit or a ship's rudder? Why does the tongue have such disproportionate power?
6. James' focus is on the dangers of the tongue. In what ways can the tongue be used for bringing life and hope to one another?

7. Read the following passages and talk about the positive power of the tongue: Proverbs 15:4; Proverbs 18:21; I Thessalonians 5:11; Ephesians 4:15, 29; 5:19; Hebrews 13:15.

## **COMMIT** (BE ON MISSION)

8. What practical advice would you give someone who wanted to have better control of their tongue? Does this advice apply to you too?
9. What can you do to use only encouraging words? Where can you speak words of blessing into someone's life this week? Commit to doing that.
10. Have you ever asked the Holy Spirit to change your words and the motivation behind your words? Would you be willing to do that? Share with someone your desire to be more kind with your words so they can help you be accountable to it.

### **PAUSE, PONDER & PRAY**

"Those who guard their mouths and their tongues keep themselves from calamity."  
Proverbs 21:23

"The tongue can bring death or life; those who love to talk will reap the consequences."  
Proverbs 18:21 (NLT)