NOTES & QUOTES



WEEK 3 TALKING POINTS

CONNECT (BUILD RELATIONSHIPS)

- 1. Is there a family recipe or a favourite food that you recognize the flavour of immediately?
- 2. Has there been a time in your life when you knew that the Holy Spirit was working on a specific aspect of your character? Explain.
- 3. Is there someone you know in whom you might say you experience the 'flavour' of Jesus in them?

THRIVE (EXPLORE BIBLICAL TRUTH)

- 4. Read Galatians 5:22-23. What do you think it means when it says, "Against such things there is no law"?
- 5. In the same text take note of which word Paul places first in his list of the fruit of the Spirit. Why do you think he does this? What implications might we draw from this?
- 6. Read Galatians 5:16-21. Tim Keller says, "The sin underneath all sins is always a lack of trust in God's grace and goodness AND a desire to protect and guard our own lives through self-salvation." Do you see anyway this quote relates to the acts of the flesh listed here?

7. Read John 15:1-5. Discuss the relationship between Jesus' teaching here and the concept of the fruit of the Spirit.

COMMIT (BE ON MISSION)

- 8. As you consider the nine aspects of the Fruit of the Spirit name one that you would especially love to grow in with the Spirit's help in this season.
- 9. What changes have you noticed in your life since beginning your spiritual journey or since becoming a Christian? (Attitude, values, desires, character).
- 10. How can we submit more to the will of the Holy Spirit living in us? What are some habits that can help cultivate fruit flourishing?

PAUSE, PONDER & PRAY

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit."

Galatians 5:22-25