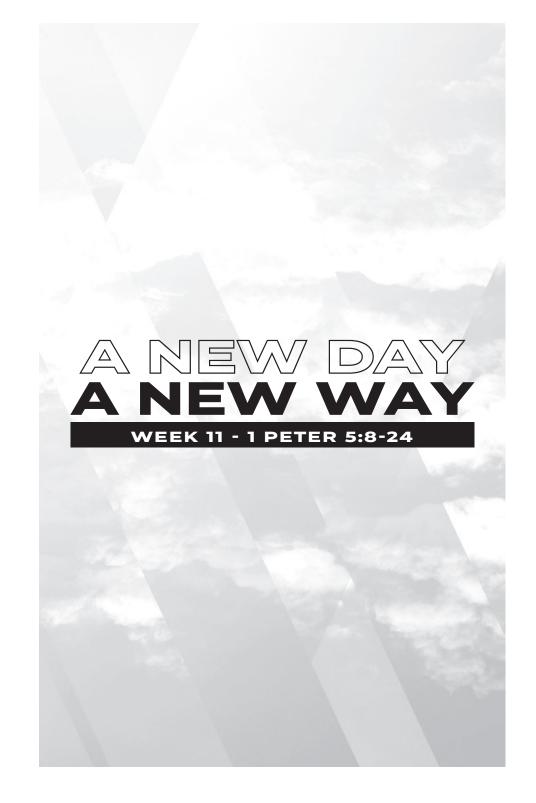
NOTES & QUOTES



CONNECT (BUILD RELATIONSHIPS)

- 1. Was there a time when your life was in danger? Share the story.
- 2. This week's message challenged us to "Reject Lies with the Truth". Play a game of 2 Truths and a Lie with your group/ friend/family. Share 3 things about yourself, 2 that are true and 1 that's not. See if they can guess which is the lie.
- 3. Do you tend to worry, or do you find it easier to trust things will work out?

THRIVE (EXPLORE BIBLICAL TRUTH)

- 4. Read 1 Peter 5:8-11 out loud. Which word or phrase sticks out to you?
- 5. Verse 8 describes the devil (our enemy) as a prowling lion looking to devour our souls. What does that look like in your life?
- 6. Peter expected the suffering of other believers would give courage to those he was writing to (verse 9). Does the suffering of Christians around the world give you hope?

7. Does God's commitment to restore you and make you "strong, firm and steadfast" give you courage to face tomorrow (verse 10)? Do you think this promise is mostly about life on earth, life in heaven or both?

COMMIT (BE ON MISSION)

- 8. This week's message challenged us to:
 - · Build guardrails around temptation
 - · Reject lies with the truth
 - Cultivate transparent friendships

Which one do you most need to grow in today?

- 9. Is there a lie about yourself or God that you're more likely to believe?
- 10. Who is one person in your life that you can grow trust and cultivate transparency with? What is one step you could take this week to do that?

PAUSE, PONDER & PRAY

"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." 2 Corinthians 4:16-18