PAUSE, PONDER & PRAY

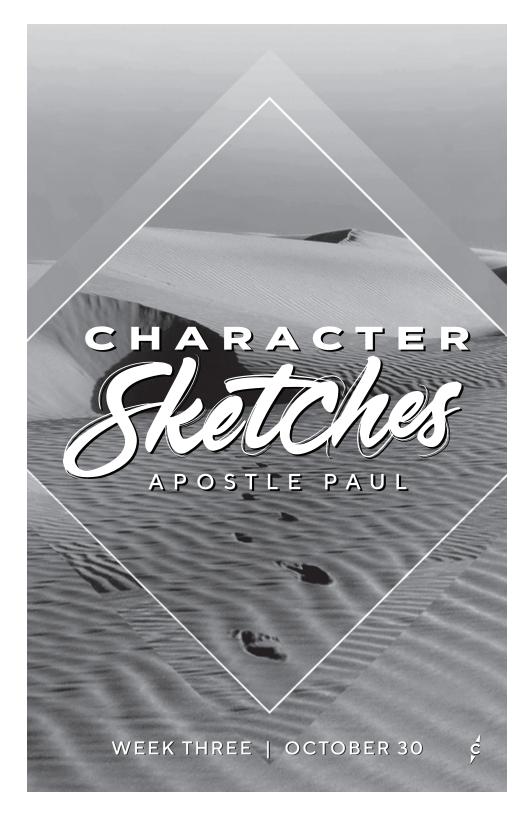
"Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us."

ROMANS 5:3-5

NOTES & QUOTES

DID YOU MISS SUNDAY'S SERVICE?

You can watch all past messages on our YouTube channel www.youtube.com/channel/UC6v8-5D1WdEoEv2ODoUCxJg or you can listen to our podcast at www.thisiscompass.com/podcast.



CONNECT (BUILD RELATIONSHIPS)

- 1. Have you ever felt that you have suffered or have been persecuted in any way because of something you believed in?
- 2. When you journey through a season of suffering, what things bring you comfort during these seasons?
- 3. What would you identify as the biggest personal challenge you are facing right now?

THRIVE (EXPLORE BIBLICAL TRUTH)

- 4. Read 1 Corinthians 4:9-12, 2 Corinthians 4:7-12 and 11:23-29. How can Paul speak about suffering with authority? What types of suffering did he experience based on these verses?
- 5. Read Colossians 1:24 and 2 Timothy 2:10. What did Paul say about the suffering he endured?
- 6. Read 2 Corinthians 1 verses 3-4. What is the link between experiencing suffering and equipping for greater ministry the lives of others? Have you ever experienced this? Explain.

7. Interact with the following quote about suffering. "When you've passed through your own fiery trials and found God to be true to what he says, you have real help to offer. You have firsthand experience of both his sustaining grace and his purposeful design. He has kept you through pain; he has reshaped you more into his image. What you are experiencing from God, you can give away in increasing measure to others. You are learning both the tenderness and the clarity necessary to help sanctify another person's deepest distress." – David Powlison, Suffering and the Sovereignty of God, 166.

COMMIT (BE ON MISSION)

- 8. When you look back at suffering in your own life, what are some things you can now see that God did regarding your faith and character?
- 9. What have you found to be helpful responses to those going through seasons of hardships and suffering?
- 10. Take some time to pray specifically for individuals you know who are suffering right now, or for those suffering in places around the world.