

## NOTES & QUOTES

**ALL  
IN**

WEEK TWO | SEPTEMBER 18

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### **DID YOU MISS SUNDAY'S SERVICE?**

You can watch all past messages on our YouTube channel  
[www.youtube.com/channel/UC6v8-5D1WdEoEv2ODoUCxJg](https://www.youtube.com/channel/UC6v8-5D1WdEoEv2ODoUCxJg)  
or you can listen to our podcast at [www.thiscompass.com/podcast](http://www.thiscompass.com/podcast).

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## CONNECT (BUILD RELATIONSHIPS)

1. If someone were to ask you, "How is your soul doing?" What do you think they mean?
2. Jesus calls us to love God with our heart, soul, mind and strength in Mark 12. Which one of these four do you find the most difficult to articulate?
3. If someone were to ask you to define your soul, how would you answer?

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## THRIVE (EXPLORE BIBLICAL TRUTH)

4. Read Matthew 12:28 and 2 Corinthians 5:1-8. What do these verses tell us about the differences between our bodies and our souls?
5. Read Deuteronomy 4:29. How would you distinguish between the heart and soul as it pertains to seeking God?
6. Read Matthew 16:26 and discuss the implications of this verse.

7. Read Psalm 42:11. What do you think a "downcast soul" might look or feel like and how does hope in God bring relief?
8. Read Psalm 103:1. What do you think the Psalmist means about praising God from our souls and how do you think we do it?
9. Read Psalm 19:7 and discuss the relationship between the soul and the word of God.

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## COMMIT (BE ON MISSION)

10. What are three things you can do to provide yourself with some "soul care" this week?
11. What step could you take to love God in a deeper way in your soul based on this week's message or the Talking Point questions?
12. How could you help care for someone else's soul this week?

### PAUSE, PONDER & PRAY

"Truly my soul finds rest in God; my salvation comes from him."

PSALM 62:1