

PAUSE, PONDER & PRAY

Here is an Advent prayer of letting go that you can pray this week.

“Heavenly Father, Jesus said that his yoke is easy, and his burden is light. I thank you for your yoke that doesn’t weigh me down, but that sets me free. Lord, show me the things that you are asking me to let go of today. Give me the faith to trust you with them as I open my hands and release them. Fill my heart, hands and life with only that which you are calling me to pick up.”

In Jesus name, Amen.

NOTES & QUOTES

DID YOU MISS SUNDAY’S SERVICE?

You can watch all past messages on our YouTube channel www.youtube.com/channel/UC6v8-5D1WdEoEv2ODoUCxJg or you can listen to our podcast at www.thisiscompass.com/podcast.

WEEK THREE | DECEMBER 11



LET GO



CONNECT (BUILD RELATIONSHIPS)

1. How are your Christmas plans going, and how is your heart at this point of the Advent season?
2. This week's Advent candle is Love. How has God showed you his love this week and is there someone specific in your life he is calling you to love right now?
3. This week's sermon was about letting go. Why do you think it's hard to let go of things in our lives, even when they might be hurting us?

THRIVE & COMMIT

(EXPLORE BIBLICAL TRUTH & BE ON MISSION)

Joseph had passion, a plan and bright hopes for the future – then one day he learned that his fiancé was pregnant. His dreams were shattered, and he would be forced to come up with a new plan. But that plan was also challenged when he was visited by an angel. He would now have to let go of his plans and trust in God's plan for his life. Read these verses about "Letting Go" and answer the corresponding questions.

PSALM 1

As you make plans for your life, what wisdom do you find in these verses regarding what to avoid and what to pursue?

MATTHEW 1:18-25

An angel appears to Joseph and tells him not to be afraid to take Mary as his wife. What might Joseph have been feeling in this moment and what fears might the angel have exposed in his life?

PHILIPPIANS 2:1-16

What things do these verses tell us that we must let go of if we are to imitate Jesus as his followers?

2 THESSALONIANS 2:13, 3:5

Letting go can be difficult but how do these verses encourage you in the midst of the challenge?

JUDE 17-25

What do you think is the Holy Spirit's role in helping us to let go of things that hinder us and what are some specific words or phrases in these verses that we can hold onto as we navigate change?