

## NOTES & QUOTES

**ALL  
IN**

WEEK ONE | SEPTEMBER 11

[www.thiscompass.com](http://www.thiscompass.com)

### **DID YOU MISS SUNDAY'S SERVICE?**

You can watch all past messages on our YouTube channel  
[www.youtube.com/channel/UC6v8-5D1WdEoEv2ODoUCxJg](http://www.youtube.com/channel/UC6v8-5D1WdEoEv2ODoUCxJg)  
or you can listen to our podcast at [www.thiscompass.com/podcast](http://www.thiscompass.com/podcast).

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## CONNECT (BUILD RELATIONSHIPS)

1. What was the greatest blessing and the greatest challenge for you this summer?
2. How are you feeling as summer comes to a close and this new season approaches?
3. This week at Compass we are focusing on loving God with our whole heart. How would you describe what our “heart” is in a spiritual sense?

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## THRIVE (EXPLORE BIBLICAL TRUTH)

4. Read Mark 12:28-31 and Deuteronomy 6:4-5. Why do you think it was important that Jesus referenced the Old Testament in his answer to the question from the teacher of the law?
5. When commanding us to love God, the Bible specifically mentions different parts of our being. Why do you think it does this?
6. Read Jeremiah 17:9, Proverbs 4:23 and Ezekiel 36:26. Together, what do these verses tell us about the human heart?

7. Read 1 Samuel 16:7 and Matthew 23:25-28. Discuss any connections the Bible makes between these texts.
8. Read Hebrews 3:7-8. In what ways can we “harden our hearts” and if we do, in what ways can we allow God to soften them again?

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## COMMIT (BE ON MISSION)

9. Dallas Willard writes about “the four movements of the heart” being surrender, abandonment, contentment and participation when it comes to loving God with our hearts in a deeper way. What is one way you can “surrender” your heart more to God this week?
10. What is one way you can “abandon” your heart more to him this week?
11. What is one way you can move in “contentment of the heart” this week?
12. How might your heart’s love for God grow in participating alongside of him this week?

### PAUSE, PONDER & PRAY

“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.” LUKE 6:45 (ESV)